

Since recently announcing the formation of the Essex Bowls Coaching Association, EBCA, and the appointment of key members we have been busy formulating a coaching strategy with the aim of providing every coach in Essex with the opportunity to fulfil their coaching ambitions and to provide the best coaching assistance to all clubs.

As part of this process we have identified the following activities which we wish to share with you. Full details of each activity will be provided in due course.

Our first priority for next year is to recruit a qualified coach either Coach Bowls or EBCS to be the lead coach in each of our eight areas. The role of this coach is to work with the EBCA via the County Coach to support all coaches in their area and to be the main spokes person for that area. Whilst this is a challenging role, it will also be enjoyable and give the right person the opportunity to help develop coaching in Essex.

Our next priority is to provide all of our coaches with the tools to develop. To do this we will throughout the year be arranging regular courses, presentations and seminars all of which will be voluntary. This should enable all coaches to remain up to date on coaching practices, share best practices and where applicable increase the level of their coaching qualification.

Whilst we have a good number of dedicated coaches throughout Essex we do have clubs with no access to a qualified coach. With this in mind we will, with your assistance, be looking to recruit and train more coaches. To do this we will be organising Coach Recruitment Seminars and arranging relevant courses.

Part of the role of the EBCA is to support our clubs by providing access to qualified coaches and assisting them to improve current bowling at all levels. It is also part of our role to assist in the recruitment of new bowlers therefore we will be organising recruitment seminars for clubs and coaches who wish to attend. These seminars will cover updated information on recruitment methods and running open days.

As you can see from above there is lots to be completed in our first year however we all feel that with the on going support of all coaches everything can be achieved .

We trust this information explains our aims for coaching in Essex for 2021 and that you will be able to become fully involved . If you have any observations, comments or queries please feel free to contact us on Essexbowlscoaching@gmail.com

Thank You

Trevor Plank (County Coach) & Terry Mizen (Coaching Development Officer)

On behalf of Essex Bowls Coaching Association