

Essex Bowls Coaching Courses : Winter 2022/23

Do you want to learn to become a coach and help new and experienced bowlers?

Are you a EBCS level 1 coach who want to progress to level 2 ?

Have you been coaching for a while and want to update your knowledge ?

If the answer is yes to any of the above then the Essex Bowls Coaching Association can help.

Last winter we organised and ran several very successful courses resulting in the county gaining over 50 new EBCS level 1 coaches and 10 new Level 2.

This winter we are planning to run the following courses

1. EBCS Level 1: This course qualifies you to coach new bowlers up to a standard where they can bowl and is the basis of your coaching career. The course runs over three days and is free of charge except for EBCS membership and booklets.
2. EBCS Level 2 : This course is for EBCS level 1 coaches to progress to level 2 and qualifies you to coach both developing and experienced bowlers.

Once again it's a 3 day course and is free of charge except for EBCS membership and booklets.

3. Update Course : This is a new course designed to update coaches who have been qualified for sometime . The course will look at new practices and also share experiences of those attending. This course is also free of charge.

If you or anyone from your club is interested in attending a course, or have any queries, please contact me on Essexbowlscoaching@gmail.com with your full details, club, course and availability dates. On receipt of sufficient interest, we will arrange venues and course dates

Thank You

Trevor Plank

Essex County Coach