



Essex Bowls Coaches Association



16th September 2024

EBCA Winter Courses

The EBCA has put together the following winter training programme.

EBCS Level 1

The four-day EBCS level 1 courses are for bowlers wishing to become coaches and covers delivery, line and length coaching, coaching techniques and safeguarding. This is the first step in coaching and qualifies successful attendees to coach new bowlers and develop less experienced club members. The cost is £50 which covers the four days and all EBCS and EBCA booklets.

EBCS Level 2

This course is for both EBCS and Coach Bowls level 1 coaches who have a minimum of two years active coaching experience. The course builds on your level one coaching qualification and covers the skills and knowledge needed to coach experienced bowlers. The cost is £50 which covers the four days and all EBCS and EBCA

EBCS Level 3

We are looking to run a level 3 course which will include all the skills needed to coach high performance bowler, develop team play and assist level 1 and 2 coaches.

This course will be open to EBCS level 2 coaches with a minimum of 4 years active coaching experience. Full details will be available on application

Coach Bowls Course.

As County Co-ordinator I have requested that Coach Bowls run Level 1 and a Level 2 coaching courses with provisional dates of November

and January plus a First Aid course in February . I am waiting confirmation of this request. Anyone interested in a course can find full details on the Coach Bowls website. ***Please register your interest with me so that I can assess numbers.***

Please note that EBCS level 1 coaches can attend Coach Bowls Level 2 courses.

Disability Bowls England

Sadly, Disability Bowls England is closing in October with their function being taken over by the Bowls Development Alliance and English Indoor Bowling Association . To enable our coaches to receive training in working with disabled bowlers we have arranged for the DBE is run a one-off session which is open to all Essex Coaches. Both EBCS and Coach Bowls. This is a great chance to add to your coaching skills.

Back to Bowls Refresher Session

This session is designed to refresh our coaching skills ahead of the outdoor season. It is open to all coaches at all levels and will include an update on coaching techniques and purposeful practices designed to make your coaching interesting and fun .

Markers Awareness Course.

I have asked the English Bowls Umpires Association (EBUA) is run another course in February 24. This is still to be confirmed. The course will be open to all coaches and is limited to 20 places. The cost is £15 .I will send out more information on receipt of confirmation however as the course is limited to 20 I recommend that you register your interest early.

Registration

To register for any of the above courses please email Essexbowlscoaching@gmail.com clearly stating your details including you club(s). I recommend you book early as spaces on all courses are limited. We operate first come first served allocations.

Please do not book Coach Bowls course via their website as I need to make block bookings.

In closing I hope the planned courses meet your requirements . If there is anything else you require to assist your coaching please let me know

Trevor Plank

Essex County Coach

Coach Bowls County Co-ordinator

Reminder. All coaches are reminded that annual memberships to EBCS and Coach Bowls are due in October. Coach Bowls have started sending out reminders , EBCS do not send out reminder. Full details on both websites. To coach in Essex you must maintain current affiliation to one either Coach Bowls or EBCS (or both) .

EBCA Coaching Programme : Winter 24 /25

Event	Date	Venue/Cost
-------	------	------------

English Bowls Coaches Society.

4 day courses

£50

EBCS Level 1 Day 1 & 2	16/17 Oct	Falcon IBC
EBCS Level 1 Day 3& 4	23/24 Oct	Falcon IBC
EBCS Level 2 Day 1 & 2	29&30 Jan 25	Falcon IBC
EBCS Level 2 Day 3 & 4	5&6 Feb 25	Falcon IBC
EBCS Level 3 Start date	TBC	Falcon IBC
EBCS Level 1	19&20 Mar 25	Falcon IBC
EBCS Level 1	26&27 Mar 25	Falcon IBC

Coach Bowls Coaching Courses

Coach Bowls to confirm dates

Coach Bowls level 1	Nov	Falcon IBC
Coach Bowls Level 2	Jan	Falcon IBC
Coach Bowls First Aid	Feb	Falcon IBC

See Coach Bowls website for course details and costs

Disability Bowls England Sponsored

Disability Bowls	15-Nov	Falcon IBC
-------------------------	---------------	-------------------

EBCA Sponsored Courses

EBCA Team Training	20-Nov	Falcon IBC
Back to Bowls Refresher (£10)	13-Feb	Falcon IBC

English Bowls Umpire Association

Max 20

£15

<i>Introduction to Marking</i>	12/02/2024 TBC	Falcon IBC
--------------------------------	----------------	------------