

Essex Bowls Coaches Association : Road Shows

During the 2022 outdoor season the EBCA road show team visited 17 clubs and coached over 500 club members.

The team, all of which are Coach Bowls and/or EBCS level 2 coaches and hold DBS, provided sessions aimed at both new and experienced bowlers.

The sessions for new/inexperienced bowlers cover delivery, line, length and purposeful practices. There is also a Power Point presentation available on Etiquette.

Sessions for the more experienced bowlers and Skips included individual fault, bowls ballistics, shot selection, team play and purposeful practices.

With the outdoor season over the team is now available to provide road show for indoor club.

If you want more details please email me via Essexbowlscoaching@gmail.com

Thank you

Trevor Plank

Essex county Coach

Coach Bowls County Coordinator